

# Heroes

## Hero



Name:	Mary Seacole
Year of birth:	1805
Year of death:	1881
Famous for:	Nursing soldiers during the Crimean War .

## Key Facts—Mary Seacole

- Mary's mother was Jamaican and her father was Scottish.
- Her mother taught her to be a nurse.
- She tried to join Florence Nightingale's nurses but the War Office turned her away because she was black.
- She founded the British Hotel which provided food and cleanliness to injured soldiers.
- She was forgotten for 100 years.

Statue of Mary Seacole at St Thomas' Hospital



## Hero



Name:	Florence Nightingale
Year of birth:	1820
Year of death:	1910
Famous for:	Nursing soldiers during the Crimean War .

## Key Facts—Florence Nightingale

- She was named after the city of Florence where she was born.
- Florence lived in a time when she was expected to only get married and have children not study medicine.
- She was known as the lady of the lamp.
- She helped to make hospitals more hygienic.
- Florence Nightingale met Queen Victoria to tell her what was wrong with army hospitals.

## Key Skills

- To extract information about a person by text, photo and video clips.
- To discuss similarities and differences to how people are remembered.
- To make an eBook and write a biography.

## Hero



Name:	Benjamin Zephaniah
Year of birth:	1958
Year of death:	Still living!
Famous for:	Being a poet, musician and activist.

## Key Facts—Benjamin Zephaniah

- He performed his first poem publicly when he was 12.
- Benjamin has dyslexia.
- Benjamin has chosen to have a vegan diet since he was 13.
- Benjamin is a musician and has released albums,
- Benjamin has written books for children and adults.
- His first children's book is titled 'Talking Turkeys'.
- Benjamin belongs to the Rastafarian faith.

## Did you know?

The emergency hospital during the Covid 19 pandemic was named after Florence Nightingale.